# Belfast Sustainable Food Partnership

Beth Bell Co-Chair of the Belfast Sustainable Food Partnership

Mura Quigley Sustainable Food Coordinator for Belfast City Council

# Equivalent to 359/6

### of the UK's GHG emissions comes from our food and drink.\*

\*includes emissions overseas from imported food.

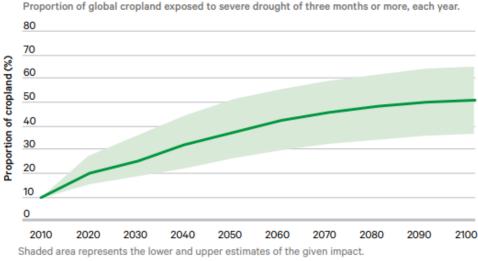
wrap.org.uk/GHGPathway



#### 50% more food needed

To meet global demand, agriculture will need to produce

almost 50 per cent more food by 2050. But yields could decline by 30 per cent in the absence of dramatic emission reductions.



Solid line represents the central estimate.

#### Droughts 3 x worse by 2040

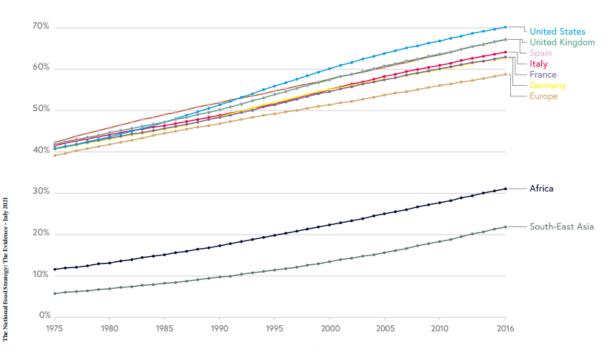
By 2040, the proportion of global cropland affected by severe drought – equivalent to that experienced in Central Europe in 2018 (50 per cent yield reductions) – will likely rise to 32 per cent each year, more than three times the historic average.

SHARE OF ADULTS THAT ARE OVERWEIGHT OR OBESE, 1975 TO 2016

WHY IT MATTERS

National Food Strategy

#### The UK has one of the highest rates of obesity in Europe



Being overweight is defined as having a body-mass index (BMI) greater than or equal to 25. Obesity is defined by a BMI greater than or equal to 30. BMI is a person's weight in kilograms divided by his or her height in metres squared.

SOURCE: Ritchie, H. and Roser, M. (2017). "Obesity". OurWorldInData.org. [online]. WHO, Global Health Observatory.

IMPACT OF THE JUNK FOOD CYCLE ON OUR DIETS

National Food Strategy

#### We mostly fail to meet dietary recommendations



Under / Over Consumption of Key Nutrients

We eat too little fruit and veg, fibre and oily fish. We eat too much salt, saturated fat, sugar and red meat.

Less than 0.1% of the population meet all elements of the Eatwell Guide recommendations.

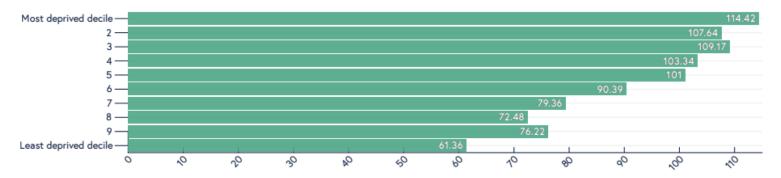


#### IMPACT OF THE JUNK FOOD CYCLE ON OUR DIETS

National Food Strategy

## Unhealthy food is easier to access: deprived areas have a higher density of fast-food outlets

#### DENSITY OF FAST-FOOD OUTLETS PER 100,000 POPULATION, BY IMD DECILES, ENGLAND, 2014

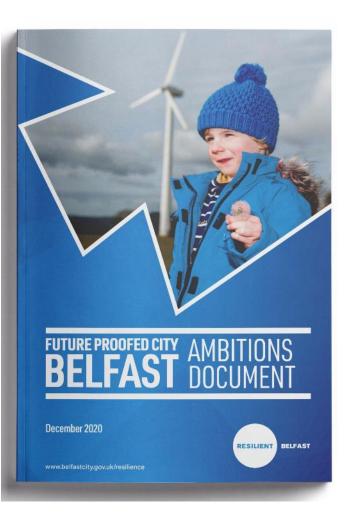


Fast food outlets per 100,000 of the population

The number of fast food shops also increased by eight perc ent between 2014 and 2017.

123

## What are we doing about it?



#### 

In developing this strategy, we have had insufficient time to look in detail at the city's food needs into the future, however this is a priority for strategy implementation. Working with partners across the city, a workstream examining the climate impacts and opportunities for an ongoing and city wide programme of healthy and sustainable food will be critical to Belfast's resilience.









## GLASGOW FOOD AND CLIMATE DECLARATION

In 2021 Belfast signed up to the Glasgow Food and Climate Declaration.

A commitment by local and regional governments to tackle the climate emergency through integrated food policies and a call on national governments to act.

Run by IPES.





## **Background in Belfast**

Belfast Food Network was run through Northern Ireland Environment Link with support from Belfast City Council until recently.

Belfast achieved Bronze in 2016 recognising the coordination of efforts across the city.

BCC is being asked to lead on the setting up and coordination of a new Sustainable Food Partnership.

Opportunity for Climate Team & Inclusive Growth and Anti-poverty teams to co-lead.

Agreed and adopted by Community Planning Partners in March 2023.

## BELFAST FOOD NETWORK





## What is The Sustainable Food Partnership?

A cross sectoral partnership of organisations that work across the food system in Belfast. @ 82

Strategic and collaborative approach



Tackling food poverty and diet related ill health



Transforming catering, procurement & sustainable supply chains

Active food citizenship & good food movement



Vibrant, prosperous and diverse food economy



Tackling climate, nature emergency and end to food waste

Driven by a passion to improve access to healthy, local, fresh food in Belfast, and build community wealth.

Doing it in a way that will help address the climate and nature emergency.



## 1. Food Governance & Strategy

Taking a strategic and collaborative approach to good food governance and action

DAERA Draft Food Strategy Framework Priorities

Public sector food procurement (hospitals, prisons, schools, councils, universities etc.)



Sustainability at the heart of a living, working, active landscape valued by everyone.



Agriculture, Environment and Rural Affairs





## 2. Good Food Movement

Building public awareness, active food citizenship and a local good food movement

Promoting good food citizenship

Mapping what currently exists to identify gaps





Developing an urban growing/farming movement

Connecting people back to where their food comes from





## **3 Healthy Food for All**

Tackling food poverty and diet related ill-health and increasing access to affordable healthy food

Need for better nutritional standards

Food Justice and ethics

Need to find an economic model that works around feeding people in food poverty. Transformation of system rather than increasing the number of food banks.

In NI, **94% children aged 11 to 18 not getting their 5 a day.** 80% aged 65+ are not.

National diet and nutrition survey





## 4 Sustainable Food Economy

Creating a vibrant, prosperous and diverse sustainable food economy

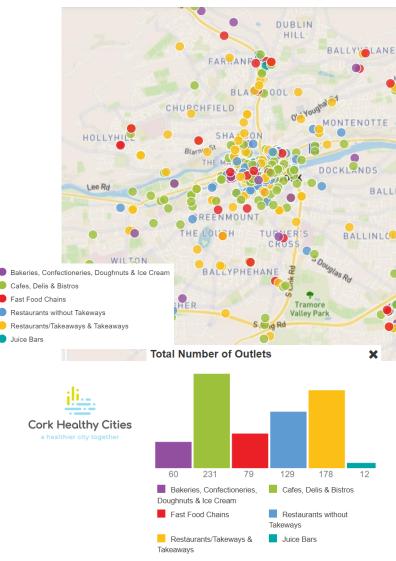
Increasing access to good food

Understanding the food economy of Belfast and where the gaps are (physically and what sectors need strengthened)

Bridging the Gap - partners hoping to pilot more effective models of working









## 5. Catering and Procurement

Transforming catering and procurement and revitalising local and sustainable food supply chains

Supporting, promoting businesses trying to source more sustainably

Responding to greater plant-based diet choices by public

Key institutions and public expenditure in the city providing leadership on this



No meat please, we're British: now a third of us approve of vegan diet

A boom in plant-based diets means next year's Veganuary will attract more uptake than ever





## 6 Food for the Planet

Tackling the climate and nature emergency through sustainable food & farming and an end to food waste

Opportunities to reduce and recycle food waste better

Sustainable Procurement Policy

Need to ensure a just transition so that no one gets left behind



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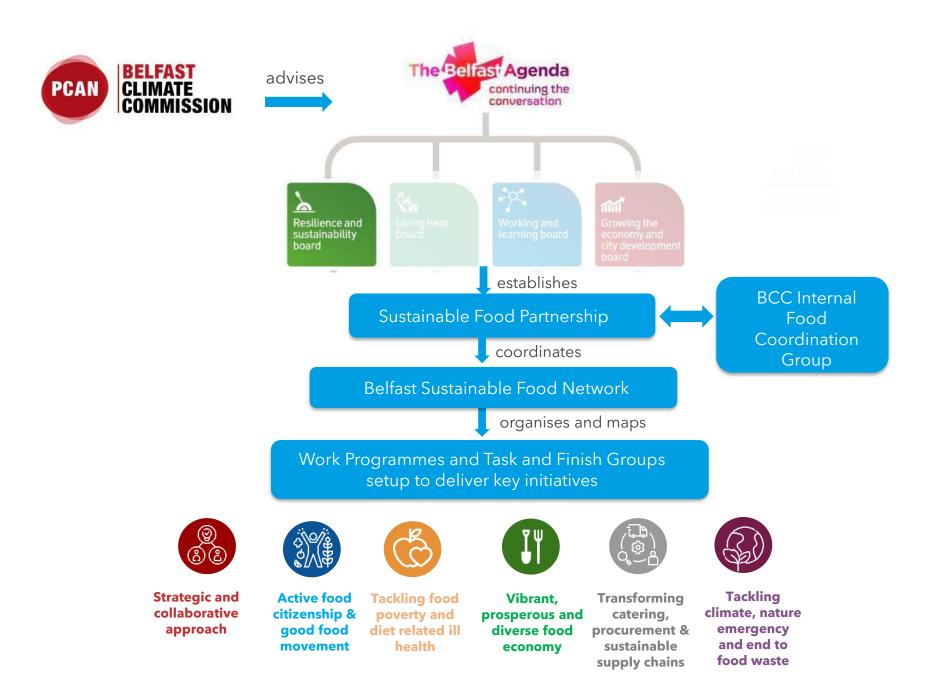


Climate demonstrators underway in soils and biodiversity improvements as well as community growing,









## What we have achieved so far...

- 1 public event in City Hall in June
- 2 partner workshops in 2022/2023
- 1 Partnership with 19 partners to date



- An open Food Network for sharing ideas, learning, opportunities etc.
- Application for City's Bronze Award from Sustainable Food Places
- Supporting the development of a number of climate demonstrators

## Thank You

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